

# Handout 4

## In Vivo Exposure Hierarchy

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Name: \_\_\_\_\_

Date: \_\_\_\_\_

Therapist: \_\_\_\_\_

### SUDS Anchor Points

0 \_\_\_\_\_ 50 \_\_\_\_\_ 100 \_\_\_\_\_

Item	SUDS (Sess. 2)	SUDS (Final Sess.)
1. _____	_____	_____
2. _____	_____	_____
3. _____	_____	_____
4. _____	_____	_____
5. _____	_____	_____
6. _____	_____	_____
7. _____	_____	_____
8. _____	_____	_____
9. _____	_____	_____
10. _____	_____	_____
11. _____	_____	_____
12. _____	_____	_____
13. _____	_____	_____
14. _____	_____	_____
15. _____	_____	_____
16. _____	_____	_____
17. _____	_____	_____
18. _____	_____	_____